

# 06 JOY OF LIFE GUIDE: SACRAMENTO

## SACRAMENTO'S FOOD FINDS

Known as the “City of Trees” and for being the California State Capitol, Sacramento has much more to offer than foliage and politics. Behind the first-glance of the stately Capitol Mall and colorful ARCO Arena, we found an epicurean Eden hidden in Sacramento’s many diverse neighborhoods.

### 58 DEGREES & HOLDING CO. Midtown

1217 18th Street 916.442.5858 **58degrees.com**  
58 Degrees & Holding Co. offers a wine store, tasting bar, and bistro. Come sample any of the 58 wines by the glass, peruse the extensive wine list, and enjoy delicious gourmet bistro fare.

### BISTRO 33 Midtown

1020 16th Street 916.233.3633  
**bistro33.com/bistro33\_midtown**

With unique hours of midday (11-5) and midnight (10pm-close), Bistro 33 serves innovative food with a multi-cultural flare. A distinctly club-like feel permeates the restaurant, making it a hip dining destination for the young professional crowd.

### NISHIKI SUSHI Midtown

1501 16th Street #111 916.446.3629 **nishikisushi.com**

Nishiki Sushi offers traditional Japanese fare prepared with an innovative flare. Their exciting array of fresh sushi and impressive selection of sake are all the reasons you need to come to Nishiki and enjoy the experience.

### PARLARE EUROLounge Downtown

1009 10th Street 916.448.8960 **parlaresac.com**

A sleek combination of restaurant and lounge, Parlare fuses the sophistication and coziness of their Italian cuisine with the stylish atmosphere of a European lounge creating a comfortable, but decidedly upscale space for all guests.

### CORNERSTONE RESTAURANT Midtown

2330 J Street 916.441-0948  
**cornerstonerestaurant.net**

A local favorite for breakfast and lunch, Cornerstone Restaurant is a family owned business with a comfortable, homey feel. Their philosophy of great food and affordable prices are a bonus on top of the friendly service and welcoming atmosphere.

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